

Improving Internet Connection Stability

2724 Laurie Sherrod October 11, 2022 [Network, Phones and Cable](#), [Teaching & Learning](#)

IMPROVING INTERNET CONNECTION STABILITY

If you are attending a video meeting, uploading files, downloading files, installing programs, or updating software, the following can improve your experience through a better internet connection. Note: Typically, not all of these are needed to get sufficient internet for your task—unless you have dial-up or your internet service provider isn't providing adequate service speeds. Check your speed: In general, more than 5 Mbps Download and 1.5-2 Mbps Upload, and under 100ms Ping and Jitter rates are good. Download speeds between 5 Mbps and 1.5 Mbps may be survivable too.

[Click here for a PDF of this information.](#)

IN GENERAL

- Disconnect other devices in your area from the internet. This includes doing things like:
 - Unplugging smart TVs.
 - Unplugging Roku, Apple TVs, other devices that make TVs smart.
 - Turning off smart home devices like Amazon Echo and Google Home.
 - Turning off your phones' and tablets' Wi-Fi.
 - Disable the smart refrigerator's Wi-Fi or make it forget the WiFi network.
- Make sure that your computer system's updates are finished or paused.
- Make sure all other file uploads or downloads are complete or paused.
 - Check that your OneDrive, iCloud, and other cloud services synced to your device have finished syncing files too or pause their syncing process.
- Restart your modem and plug your device into the modem/router with an ethernet cable. (Plug into the modem instead of a router, when possible)
- In the web browser you primarily use, close out all unrelated tabs or use an extension like OneTab to temporarily collapse them all.
 - When using OneTab, you can keep the important tabs open by pinning them or moving them to a separate browser window before clicking on OneTab.
 - If you generally use multiple browser windows, go to each window and press the OneTab button to collapse each one to its own section in OneTab's list.
- In the web browser you primarily use, disable as many unnecessary extensions and add-ons as possible. (Do not turn OneTab off!)
 - Managing Chrome Extensions
 - Managing Firefox Add-ons (Extensions and Plugins)
 - Managing Safari Extensions
 - Managing Edge Extensions 2
- On your device, close all programs not related to the intended task.
 - If it is also possible to essentially combine other programs (for example, using the online

version of PowerPoint when you're going to need your browser for other things too), it probably wouldn't have a noticeable impact on your internet but could improve your computer's processing abilities.

- Restart or close your browser, restart your computer, close any unrelated startup programs, and double check that updates and synchronizations are still paused.
 - Restarting your browser and your computer is intended to reduce the number of programs running in the background that may be using your internet.
- If you are comfortable doing so, turn off as many programs running in the background as possible.

FOR VIDEO MEETINGS

- Upload a profile picture then turning off your camera.
 - Upload profile picture to Zoom profile.
 - Upload profile picture to WebEx Meeting profile.
 - Upload profile picture to Google Hangout/Meet profile via Gmail.
 - Upload profile picture to WebEx Teams profile.
 - Upload profile picture to Microsoft Teams profile.
- Try routing the meeting audio to your phone.
 - Routing Zoom Meeting audio to phone.
 - Routing WebEx Meeting audio to phone.
- Attend the meeting from your phone, using your cellular data connection.
 - Download Zoom app.
 - Download WebEx Meeting or WebEx Teams app.
 - Download Microsoft Teams app.
 - Download Google Meet app from device's app store.
- Try a different microphone.
 - Wired microphones are more reliable than wireless microphones.
 - Headsets tend to work better than built-in or free-standing microphones.
 - If using a headset, make sure the microphone is close to your mouth.

If you have more questions, email ITHELP@clermson.edu or call 864-656-3494.

Online URL: <https://hdkb.clemson.edu/phpkb/article.php?id=2724>